

Freestyle Clinic with Karen Robinson

Freestyle Choreographer
www.applaudedressage.com

February 18th-20th, 2011
 QUEEN MARGARET'S SCHOOL
 Shirley Burr Equestrian Centre

- Lecture (3hrs) Friday, Feb. 18th, 2011 6:00pm (*Appetizers provided*) \$25.00 (*auditors only*)
- 3 day Clinic Developing Freestyle Feb. 18th-20th, 2011 (6 spots left) \$450.00 (*lecture incl.*)
- DVD of clinic ride \$25.00
- Stabling
 - Friday \$25.00
 - Saturday \$25.00
 - Sunday \$25.00
- Auditing
 - Friday \$15.00
 - Saturday \$15.00
 - Sunday \$15.00
 - Weekend \$40.00

HST (12%) _____

Total _____

NAME: _____

HCBC#: _____

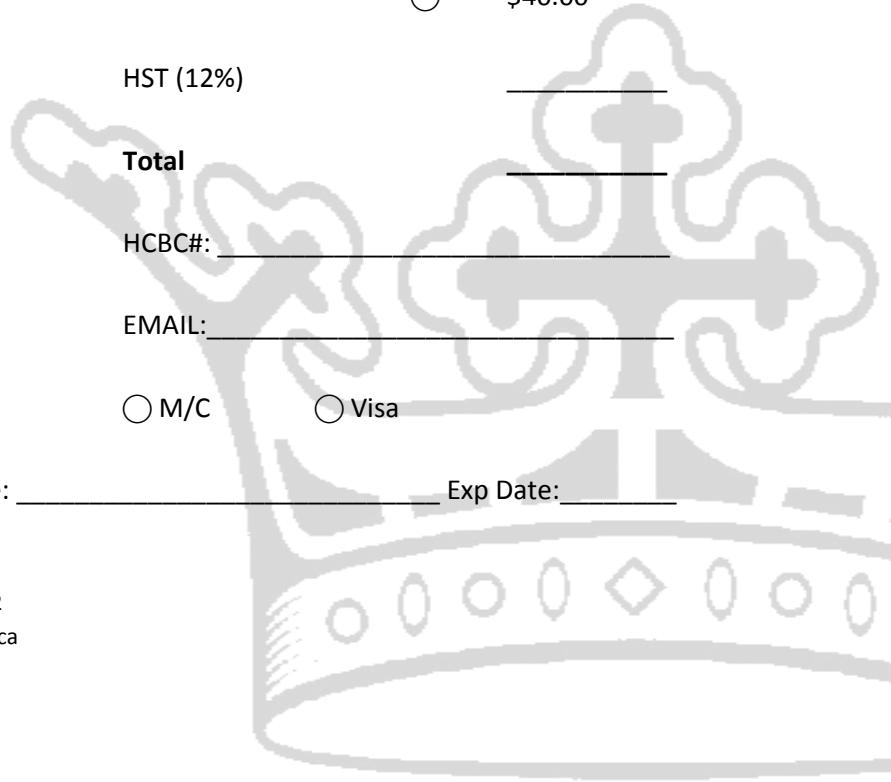
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Applause

Dressage by Karen Robinson

What To Expect From a Freestyle Clinic

My freestyle clinics are designed to put as many tools into your hands as possible, so that you can design and ride your own freestyle. Some riders decide to have me finish the project for them, in which case the fee of the clinic is partially reimbursed through a 10% discount off the price of the full freestyle package (my rates can be found at www.applausedressage.com). I tailor each session according to the desire, skill level and goals of the horse and rider pair, but here is a rough idea of what you would achieve with me in a clinic.

1. The lecture – this three hour session will take you through the entire design process, step by step. I show videos of freestyles from FEI and lower levels, to give you an opportunity to see what I am talking about. I also cover the ‘do and don’t’ aspects of riding freestyles and how to understand judges’ scores.
2. Day one mounted – by the end of the first day of the clinic, you will have ridden to a variety of types of music that would potentially work for your freestyle. You will probably have been quite excited by at least one of the music ideas, and may want to use that music in your freestyle. I provide recording information on request so that you can go and find the music. I also record your horse’s tempos at each gait, and you can take that information to use in assessing music that might be suitable for your horse. If you are riding only once in the clinic, in one day you will have had a taste of how much fun it is to ride to music.
3. Day two mounted – by the end of the second day of the clinic, you will have at least a rough outline of choreography for a freestyle at your level. If things go smoothly and quickly, you may even have a complete pattern. If you are not yet ready to ride a freestyle, or you aren’t sure what your horse’s level will be when the time comes to do a freestyle, then the option is to spend at least part of the second day riding to music, with a smaller amount of time dedicated to teaching you how to choreograph according to your horse’s strengths and weaknesses.
4. Day three mounted – if the clinic is three days long, by the end of the third day the choreography will be complete, I will have timed it to ensure that it fits within the time limit for competition, and you may have ridden segments of the choreography to the music you chose the first day. With riders who are planning to have me design the entire freestyle, the third day is our opportunity to make sure I go home with all the information I need to complete the freestyle.

I keep all my notes from clinics, so even if a year passes I can email you anything you want to know from the clinic in regards to your horse’s tempos and music selection. I don’t generally write down the choreography, so if you are finishing the freestyle yourself it is a good idea to have a video of the clinic, or someone to take notes of the work we do on the pattern.

On Video

Many riders find watching video of their rides quite useful, particularly when it comes to the music selection. You may think you chose your favorite trot song from the first day, but when you watch the video, another one of the songs visually enhances your horse’s rhythm and expression better. It’s a chance to see for yourself what I am seeing, and what your judge and audience will see in competition.